

THERAPEUTIC MASSAGE

The Therapeutic Massage curriculum prepares graduates to work in direct client care settings providing manipulation / massage of the soft tissue structures of the body to prevent and alleviate pain, discomfort, muscle spasm, and stress, and to promote health and wellness.

Courses include content in normal human anatomy and physiology, therapeutic massage, ethical /legal issues, business practices, and psychology. Students should be able to perform entry level therapeutic massage with various populations throughout the lifespan.

Employment opportunities include health care facilities, chiropractors' offices, spas/health/sports clubs, and private practice. Graduates may be eligible to take the Massage and Bodywork Licensing Exam.

Programs

- Therapeutic Massage Certificate I (<https://courseleaf.johnstoncc.edu/programs/health-sciences/therapeutic-massage/therapeutic-massage-certificate-i/>)
- Therapeutic Massage Certificate II (<https://courseleaf.johnstoncc.edu/programs/health-sciences/therapeutic-massage/therapeutic-massage-certificate-ii/>)
- Therapeutic Massage Degree (<https://courseleaf.johnstoncc.edu/programs/health-sciences/therapeutic-massage/therapeutic-massage-degree/>)
- Therapeutic Massage Diploma (<https://courseleaf.johnstoncc.edu/programs/health-sciences/therapeutic-massage/therapeutic-massage-diploma/>)