

THERAPEUTIC MASSAGE DEGREE

Program Code: A45750

Course	Title	Hours
First Year		
Fall		
BIO-163 or BIO-168 and BIO-169	Basic Anatomy & Physiology or Anatomy and Physiology I and Anatomy and Physiology II	5
MTH-110	Fundamentals of Massage	10
MTH-125	Ethics of Massage	2
Hours		17
Spring		
MED-120	Survey of Medical Terminology	2
MTH-130	Therapeutic Massage Management	2
MTH-120	Therapeutic Massage Applications	10
MTH-121	Clinical Supplement I	1
Hours		15
Summer		
ENG-111	Writing and Inquiry	3
PSY-118 or PSY-150	Interpersonal Psychology or General Psychology	3
Hours		6
Second Year		
Fall		
COM-120	Introduction to Interpersonal Communication	3
MTH-210	Advanced Skills of Massage	8
HEA-110	Personal Health/Wellness	3
PED-120	Walking for Fitness	1
Hours		15
Spring		
SOC-210	Introduction to Sociology	3
PHI-240 or MUS-110 or HUM-115	Introduction to Ethics or Music Appreciation or Critical Thinking	3
MTH-220	Outcome-Based Massage	7
Hours		13
Total Hours		66

All co-requisite courses:

Must take One: MTH-110, MTH-120, MTH-125, MTH-210 or MTH-220 with MTH -121.

Must take one: MTH-120, MTH-125, MTH-210 or MTH-220 with MTH -221.

Course Substitutions

PHI 240 - Introduction to Ethics -OR- MUS 110 - Music Appreciation
(<https://www.johnstoncc.edu/programs/health-sciences/therapeutic-massage/mass-degree.aspx#MUS-110>) -**OR- HUM 115 - Critical Thinking**
(<https://www.johnstoncc.edu/programs/health-sciences/therapeutic-massage/mass-degree.aspx#HUM-115>).

BIO 163 Basic Anatomy & Physiology OR BIO 168 A&P 1 & BIO 169 A&P 2

PSY 150 General Psychology OR PSY 118 Interpersonal Psychology